

## THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2010 Sporting Excellence in Karate National Level

## James Lee

This is to certify that James Lee has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. James competed at National Championships throughout England in 2010 winning the medals and titles listed below:-

Championship Success - 2 Silver 1 Bronze

**South Yorkshire Championships** - 1<sup>st</sup> August, Sheffield Silver - Team Kata

Shindo Kai National Championships - 14<sup>th</sup> November, Barnsley

Silver - Pairs Kata Bronze - Individual Kumite

Congratulations on your sporting achievements throughout 2010. Well done James.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







